

**JONESPORT-BEALS HIGH SCHOOL MENU**  
**DECEMBER 2018**

<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
3 Hamburger or Cheeseburger Tostito Chips & Salsa Pickle Honeydew	4 Chili Rice Corn Bread Pineapple	5 Mac & Cheese Hot Dog on a Bun Carrots & Dip Orange	6 Teriyaki Chicken Egg Roll Rice Fruit Cup	7 Breadsticks w/Meat Sauce Green Beans Apple
10 Grilled Chicken Sandwich w/Let & Tom Oven Fries Banana	11 Tomato Soup Toasted Cheese Sandwich Veg & Dip Cantaloupe	12 Turkey Tetrazzini Glazed Carrots Yeast Roll Grapes	13 Chicken Tenders Garlic Smashed Potatoes Corn / Roll Fruit Bar	14 Pizza Veg Fruit
17 Chicken Nuggets Potato Oval Broccoli Roll Applesauce	18 Chicken Corn Chowder Cheese Stick Crackers Orange	19 Spaghetti w/Meat Sauce Tossed Salad Italian Bread Dessert	20 Taco Salad Rice Pineapple	21 Turkey Sandwich Chips Carrots & Dip Fruit Choices
24	25	26	27	28
31				<p align="center"><b>MENU SUBJECT TO CHANGE WITHOUT NOTICE</b></p>

**STATE OF MAINE & USDA IS AN EQUAL OPPORTUNITY PROVIDER & EMPLOYER**

# JONESPORT-BEALS HIGH SCHOOL MENU

## JANUARY 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>1</b> HAPPY NEW YEAR 2019!!!!	<b>2</b> Shepherd's Pie Anadama Bread Apple	<b>3</b> Grilled Chickenburger Baked Potato Broccoli Applesauce	<b>4</b> Corn Dogs Baked Beans Cole Slaw Orange
<b>7</b> Chicken Parmesan Mashed Potatoes Green Beans Fruit Cup	<b>8</b> Chicken Enchiladas Baked Beans Salad Pineapple	<b>9</b> Beef a Roni Salad Bread Cantaloupe	<b>10</b> Turkey Rice Soup Carrots & Dip Crackers Blueberry Gingerbread	<b>11</b> Pizza Veg Fruit
<b>14</b> Hot Turkey Sandwich Mashed Potato Peas Cranberry Sauce Grapes	<b>15</b> Italian Sandwich Fries Banana	<b>16</b> Mac & Cheese w/Ham Carrots Yeast Roll Peaches	<b>17</b> Chicken Nuggets Emoji Fries Broccoli Apple	<b>18</b> Pulled Pork Sandwich Baked Potato Veg. & Dip Kiwi
<b>21</b>  Martin Luther King Jr Day!	<b>22</b> Hamburger Baked Beans Salad Honeydew	<b>23</b> Chicken & Noodles Green Beans Banana Bread Orange	<b>24</b> Turkey BLT Potato Wedges Fruit Bar	<b>25</b> Taco Pizza Corn Apple
<b>28</b> Breadsticks w/Meat Sauce Veg. & Dip Cantaloupe	<b>29</b> Super Chicken Noodle Soup Crackers Cheese Stick Clementine	<b>30</b> Lasagna Salad Bread Apple	<b>31</b> Chicken Fajitas Baked Beans Rice Pineapple	<b>MENU SUBJECT TO CHANGE WITHOUT NOTICE</b>

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