

JONESPORT-BEALS HIGH SCHOOL MENU

SEPTEMBER 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 MENU SUBJECT TO CHANGE WITHOUT NOTICE	4 WELCOME BACK!!!	5 Hamburger Smiley Fries Carrots & Dip Apple	6 Chicken Nuggets Mashed Potato Mixed Veg. Yeast Roll Orange	7 Turkey BLT Potato Oval Banana
10 Taco Salad Spanish Rice Pineapple	11 Chicken Burger Baked Potato Broccoli Cantaloupe	12 Pizza Corn Apple	13 Tomato Soup Toasted Cheese Celery Sticks Apple	14 Corn Dogs Baked Beans Cole Slaw Fruit Cup
17 Sausage Rice Casserole Carrots Yeast Roll Kiwi	18 Italian Sandwich Oven Fries Banana	19 Spaghetti w/Meat Sauce Salad Italian Bread Applesauce	20 Ham w/Pineapple Mashed Potato Corn Yeast Roll Grapes	21 Pulled Pork Sandwich Baked Beans Veg. & Dip Clementine
24 Chicken Fajitas Baked Beans Rice Pineapple	25 Ribeye Sandwich Baked Potato Salad Applesauce	26 Mac. & Cheese Sausage Patty Carrots Yeast Roll Banana	27 Breadsticks W/Meat Sauce Green Beans Pear	28 BLT Pita Pocket Cheese Stick Potato Wedges Peaches

STATE OF MAINE & USDA IS AN EQUAL OPPORTUNITY PROVIDER & EMPLOYER

JONESPORT-BEALS HIGH SCHOOL MENU

OCTOBER 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Chicken Parmesan Mashed Potato Corn Yeast Roll Apple	2 Taco Boat Rice Beans Pineapple	3 Meat Soup Toasted Cheese Crackers Banana	4 Pizza Carrots & Dip Cantaloupe	5 Chicken Nuggets Buttered Noodles Broccoli Fruit Choices
8 COLUMBUS DAY NO SCHOOL	9 Teachers' Workshop NO SCHOOL	10 Super Chicken Noodle Soup Celery Sticks Crackers Orange Wedges	11 Corn Dogs Baked Beans Veg. & Dip Applesauce	12 Ocean Treasures Fries Corn Roll Grapes
15 Teriyaki Chicken Veg. Egg Rolls Rice Pineapple	16 Beef a Roni Salad Italian Bread Honeydew	17 Italian Sandwich Potato Chips Carrots & Dip Apple	18 Hot Turkey Sandwich Mashed Potato Peas Cranberry Sauce Fruit Bar	19 Hamburger or Cheeseburger Baked Beans Pickle spear Cantaloupe
22 Shepherd's Pie Anadama Bread Applesauce	23 Chicken Burger Potato Wedges Salad Banana	24 Macaroni & Cheese Ham Slice Broccoli Roll Kiwi	25 Chicken Rice Casserole Peas Roll Apple	26 Breadsticks w/Sauce Cal. Blend Veg. Fruit Juice Bar
29 Chicken Pot Pie Mashed Potato Squash Cranberry Sauce Grapes	30 Pizza Corn Apple	31 Corn Chowder Cheese Stick Biscuit Clementine		MENU SUBJECT TO CHANGE WITHOUT NOTICE

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